

SOCIAL SKILLS AND SELF REGULATION GROUP KINDY - YEAR 3

What do these groups focus on?

Evidence-based strategies to improve:

- Friendships skills
- Conversational skills
- Managing conflict
- Appropriate responses to winning and losing
- Appropriate social behaviours
- Controlling strong emotions
- Learning calming strategies



Why choose this group?

These groups have been running for ten years. They are designed to find ways to improve children's self-regulation and social skills in a fun, supportive and safe environment.

